


**NEIC Sports, Recreation & Well-being Programme
Report to Central Area Committee
July 2023**

D1 Academy

The D1 academy is a collaboration with The FAI, NEIC and DCC for kids in the NEIC, to play social football without the pressures of been in a team or not been able to play at a leave or standard. Kids will develop in sports at defined stages though out there life's and may not be physical or mentally ready to play at the leave of their particular sport at this present moment.

The D1 Academy is to support the kid's development and build their confidence in playing sport, make friends and learn new skills. This is week two with 34 kids, boys and girls with there parents, grandparents, brothers and sisters who brought the kids to the academy.





The D1 Football Academy

O'Connell's School
 Every Saturday morning 11am-12pm
 Boys and Girls Aged 7-10
 Cost : €3 per week
 FAI Qualified Coaches

Contact : neil.Keoghan@fai.ie
 Or
 083-879-5580

Dublin City Council
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 cityconnects OPTIMIZED STUDENT SUPPORT

FAI

Football for Unity

The 3rd Annual Football for unity is in full swing currently. Matches are taking place nightly in Larkin College, O Connells School, and Sherriff Street Astro pitches. The football tournament is bringing together hundreds of participants from all different backgrounds who have found a common goal interest in sport. The Tournament is coming into the quarter finals stages at the start of July, with it all culminating in a finals day in Sheriff Street in mid-July.





NEIC/DCC Support for Kayaking Programme

Lisa Graham a youth worker, reached out to support a kayaking programme with the East Wall Water Sports for 7 of our high needs and extremely at risk young people. East Wall Water Sports has sessions available to run this programme with the group beginning in June. The young people they are targeting for this group are ages between 12-14years and are all living in the North East Inner City with members living in Ballybough. The idea behind running the programme in June is to have a structured, focused and high energy activity as soon as the young people finish up secondary school for the summer. We know the summer months can be long for certain young people and with members of this group already known to the guards we hope that by offering a programme like this it will help them to make better decisions of how they want to use their time over the summer months and by filling up their days there will be less risk of these young lads being groomed for selling or carrying drugs and engaging in antisocial behaviour. The young people all really enjoyed water based activity and would gain new skills and benefit greatly from being a part of this type of programme.

Summer Camps

The NEIC are running multiple summer camps throughout the months of July and August. The 3rd Annual NEIC / Scoil Ui Chonail Cul camp will be taking place on the Clontarf Road Pitches on the 11th of July. This camp will have in excess of 150 children from the area all of whom will receive full tracksuits / bags and a special trip to Croke Park.

The NEIC Trojans are running two Summer Camps catering for all age's youths to camp. On the 2nd and 3rd week of July camps will be taking place in Larkin College. The camps are sure to sell out like in previous years so we will look to provide a third camp in August if needs be. Following on from the good work of Little Fitness with Children in Emergency Accommodation we will be hosting a Little Fitness Summer Camp. This camp will be specifically for children in EA, primarily housed on Gardiner Street. The camp will be taking place in Mountjoy Park on the 21st of August for 5 days with plenty of surprises in store for the children.



A promotional poster for the Trojans Basketball Summer Camp 2023. The background shows a group of six children in blue and yellow basketball uniforms standing on a city street. One boy in the center is holding a basketball on his finger. The top left features the Trojans Basketball logo, which includes a Trojan helmet and the text 'NORTH EAST INNER CITY TROJANS BASKETBALL'. To the right, the words 'SUMMER CAMP 2023' are written in large, stylized yellow and blue letters. At the bottom, there are logos for 'Comhairle Cathrach Bhaile Atha Cliath Dublin City Council', 'Basketball Ireland', and 'DUBLIN NORTH EAST INNER CITY'. A QR code is located in the bottom right corner. The bottom section contains registration information: 'BOYS & GIRLS 6-10 YEARS OLD', 'LARKIN COMMUNITY COLLEGE', 'JULY 3RD - 6TH @ 10AM - 2:30PM', and 'COST €30'. It also says 'REGISTER @ bit.ly/TrojansCamp2023 or Scan QR' with an arrow pointing to the QR code.

BOYS & GIRLS 6-10 YEARS OLD
LARKIN COMMUNITY COLLEGE
JULY 3RD - 6TH @ 10AM - 2:30PM
COST €30

REGISTER @
bit.ly/TrojansCamp2023
or Scan QR →

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Bhaile Atha Cliath
Dublin City Council

Basketball
Ireland

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DUBLIN NORTH EAST INNER CITY  Scoil Uí Chonail

CÚIL CAMP

11TH – 14TH JULY
 Clontarf Rd Astro Pitches
 D03CH45

Sign up at
[Bit.ly/NEICGAA2023](https://bit.ly/NEICGAA2023)
 Or scan here





10am – 2.30pm
 €30 (Including Cúil Camp Gear!)
 5-12 years old

Contact **Thomas Gleeson**
 085 113 7728



SENIOR SUMMER CAMP 2023



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Dublin City Council



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BOYS & GIRLS 11-14 YEARS OLD
LARKIN COMMUNITY COLLEGE
JULY 10TH - 13TH @ 10AM - 2:30PM
COST €30

REGISTER @
bit.ly/TrojansSeniorCamp
or Scan QR →



Hardwicke Street Flats

Boxing

The NEIC/DCC was happy to introduce Hardwicke street flats to the sport of Boxing. With the support of the IBA and the DCC staff in Hardwicke street to put a weekly Boxing programme in the centre.



Phoenix Tigers Sports day

Phoenix Tigers football club was set up in June 2004 in Dublin, with players from the North East inner City. They play social football on Thursdays and Saturdays and meet up socially all throughout the year. They are a very diverse LGBTQ+ club with different levels, ages over 18 years and fitness. They play for fun and travel abroad to attend football competitions each year.

**LGBTQ+ WOMEN
SUMMER SPORTS DAY**

Trans & Non Binary Inclusive

REGISTER NOW!
VIA EVENTBRITE LINK
SATURDAY JUNE 17TH

📍 Railway Union Sports Club, Dublin

Partners and Sponsors:

- Dublin City Sport & Wellbeing Partnership
- Pink Ladies Hockey
- Hockey Ireland
- Dublin North East Inner City
- Dublin Lesbian Line (01 8729911)
- The Stonehallerz Softball
- TIGERS
- Dublin City
- An Roinn Leanaí, Comhionannais, Míchumais, Lánpháirtíochta agus Óige (Department of Children, Equality, Disability, Integration and Youth)
- SPORTING PRIDE
- studioten PHOTOGRAPHY

NEIC Small School Blitz

The NEIC/DCC was happy to support the FAI to facilitate five schools in the North East Inner City with a school football blitz. It was supported by Stella Maris Football Club through the use of their facilities.



Cycle right Programme

CYCLE RIGHT is the National Standard for Cycle Training and provides practical cycle safety and skills training to promote competent and confident cyclists. CYCLE RIGHT is an inclusive programme. The NEIC/DCC have collaborated with the Department of Transport, the Road Safety Authority and Cycling Ireland to facilitate the cycling right programme. NEIC/DCC have included the Cycle Safety training in O'Connell's NS, this is a starting point in which we will include all the primary schools in the NEIC to avail of the programme.



Change for life

The NEIC summer Change for life has kicked off in with 20 different activities being run across the North East Inner City. Change for Life is aimed at adults over 18 to get them moving through a series of taster activities over the course of a 6 week block. This year we have added Walking Football, Handball, weightlifting, and Circuit Training, to the usual favourites. There is also a particular focus on pro social activities in Liberty Park as requested. Yoga / Circuits / Aikido will all be taking place in the Liberty park for locals to get involved in positive activity.

Ballybough Youth Service Cycling Programme

Ballybough Youth Service is a place where young people can come in and relax. They work with young people from the age 10 - 24 that live around the area. In Ballybough Youth Service they do homework clubs, Halloween projects, Christmas projects, film & photography groups, summer project, cooking, dancing, and arts. They also take part in different interagency groups like The Big Scream, What's Your Issue?, visual arts, and Reel Youth. The cycling programme was put together to support a group of young adults in the service who was planning a charity cycle, for mental health for men. The cycle is for the 27/06/23 and they feel that they will complete a 75K cycle in aid of men's mental health. This is a big task and we

were happy to support this group for in any way that we could. We will bring the group out once a week on bike's that we will provide and teach them how to cycle in a group. As well as that we will build up their level of fitness to complete this big task. This will be a new experience to all in this group and we feel that they will enjoy the experience and even take up cycling as a recreation or even a sport.



Walking Football

The walking football is establish in the NEIC as a sport in its own right for anybody with any fitness level and gender. They really enjoyed been able to get back playing a sport that they felt was beyond them. The social end of the game was very much what they missed, then having a cup of tea and a few biscuits after the game was is big winner. This is really needed for this age, to help support them to be more active for many reasons, mental health, and physical health, slow down the ageing processes and to prevent the need for medical treatment.



Schools Basketball

The schools within the NEIC have been receiving basketball coaching throughout the year from our co-funded basketball officer as well as an auxiliary officer. This culminating in a fun competition day held in Trinity College on the 14th of June. 8 Schools from the area played in a fun blitz for the day and also got a look inside the walls of Trinity College while they were there. The day was supported by transition year students from Larkin College who helped out as well.



Circuit

We have moved the fitness class in St Laurence O'Toole Recreation Centre to a lunch time class and this has started to generate great energy in the local area from week to week. With the help and support from the NEIC/DCC staff continuously coming to the class has encouraged the people who live local to the area to come to the class. We have encouraged the staff, who are fantastic to teach a class and they have added an active ageing class to their time table.

CIRCUIT TRAINING

Laurence O Toole
Community Centre

All Fitness Levels
Welcome

TUESDAYS 1-1.45P.M.

Free

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Dublin City Council

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Active Ageing with Eddie

From the amazing energy that has been created from the circuit classes, the amazing DCC staff in St Laurence O'Toole Recreation Centre has started an Active Ageing fitness class with Eddie. This was something that we could see was needed in the area and with discussing this with the staff they were only happy to help. The staff are very much about helping out in any way with the community and do be very busy true out the day with the young and elderly in the centre. So to make time in their busy schedule is very much appreciated and we are going to support with some equipment when needed.

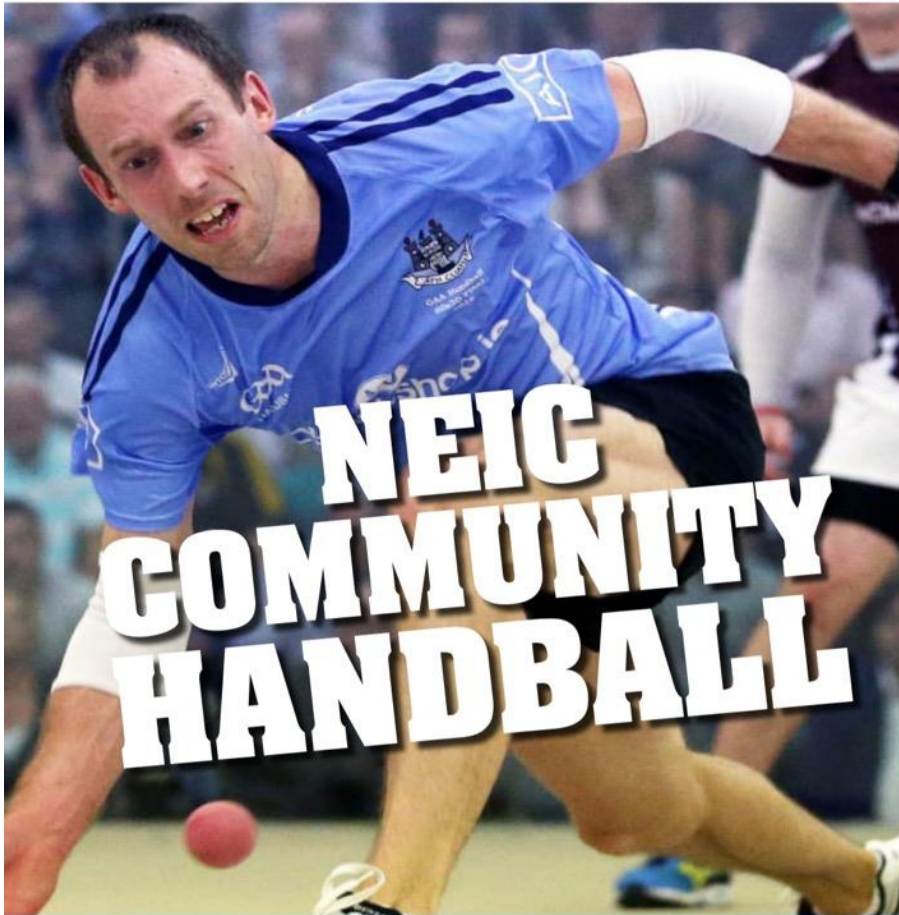
A promotional poster for an 'Active Ageing' fitness class. The top half features a large orange circle with the words 'ACTIVE AGEING' in bold, blue, block letters. To the right, the word 'WITH' is in small orange letters, and 'Eddie' is written in a large, blue, cursive font. Below the text, three elderly people are shown sitting on a pink mat on a wooden floor, holding small dumbbells and smiling. The bottom half of the poster has a dark teal background with white text providing details about the class. At the very bottom, there are logos for Dublin City Council and a red circular logo with a white icon of a person sitting at a desk.

AGES: ALL WELCOME
WHEN: MONDAY AT 2:00PM – 2:30PM
WHERE: SAINT LAURENCE O'TOOLE RECREATION CENTRE
COST: FREE
CONTACT: 01 222 4205

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NEIC Community Handball

The National Handball Centre has not been utilised at all in the North East Inner City. We have collaborated with GAA Dublin Handball to establish the sport of Handball back into the NEIC, as well as to utilise the National Handball Centre.



When: Every Monday 26th June - 31st July @ 7pm-8pm
Where: National Handball Centre
Cost: Free

Contact **Peter**
087 065 4031

GAA School Handball

The NEIC/DCC have collaborated with GAA Dublin Handball to establish the sport of Handball back into the NEIC, as well as to utilise the National Handball Centre. We designed a programme for NEIC, young girls and boy to experience the sport of Handball. The National Handball Centre is on their door step and none of the kids in the area have experience playing Handball in the centre. The programme was for six weeks and saw over 50 children between 2nd and 5th class from St. Laurence O'Toole's and St. Vincent's national school playing Handball in the new centre.





International Football for asylum Seekers

The NEIC/DCC was asked to support a group of asylum seekers living in Dublin's inner city. The group have very little opportunities as they are waiting to gain employment. They have very little money and lots of time on their hands, this must be very frustrating and have a big impact on their mental health. We investigated what sport or activity that they would be interested in getting involved with and football was what they were most interested in. We arrange a five a side football for them on Ballybough community centre, as you can see they really enjoy it. We had the same programme running during the week and found it hard to keep it going. So what we decided to do was to run the programme over the weekend. This seems to be very successful for now and we will continue to monitor it.



Men's Walk and Talk

This is a group of men from 47 to 75 years of age, they would very much come from a generation where the thinking of expressing your emotions was not a thing a man should do. The walk and talk programme will help with their mental health and encourage them to open up. They will start with a very steady pace, for a short journey then make their way to Mountjoy Square and use the calisthenics equipment in the park. When finished they will make their way back to Ozanam House and work on breathing techniques to be able to create a state of calmness in their life or when they need to bring it in to their life. We will encourage them to walk a little further and get them to try different things (gym, walking football, fitness classes).

We have now started the group with some exercise using bands, and teaching them how to do it correctly so they can be consistent with their exercise and be able to apply this at home. Then we go for a walk, have a talk head back to Ozanam House and focus on breathing techniques.

Women on the Move

This programme was designed to interact with a group of women from the SAOL Project (SAOL is an integrated programme of education, rehabilitation, advocacy and childcare). The SAOL Project's on-going commitment to the women, children and community members of the North Inner City continues to develop, responding to the changing needs of the women who participate in their project. The woman on the move is helping women in this particular group to be more active. Some of the women in this group would not leave their home or interact with other people apart from the time that they are in the SAOL programme. We started the programme with going for walks and using the facilities in the area, like the calisthenics equipment in Mountjoy Square and then the Basketball court.

The following weeks we went down to the local gym in Sheriff Street, St. Laurence O'Toole. This is where we really started to build up excitement, they loved it. The NEIC decided to support the group with a one month membership, so they could have a safe place to go to and find an activity that was very beneficial to their health. The women in the programme are really enjoying been in the gym and are starting to feel very comfortable, some are even starting to go to the gym by themselves in their own time.

NEIC Yoga Teacher Training graduation

There are now 18 new fully qualified yoga teacher promoting the practice and lifestyle in the area. The graduation ceremony was held in D-Light studios on the 23rd of June. Some have already starting working in the area and there is lots of plans afoot to promote the benefits of yoga and wellness throughout the North East Inner City with our new graduates.



For further information on any of the above, contact
Peter O'Donnell and Michael Darragh Macauley
peter.odonnell@dublincity.ie
md.macauley@dublincity.ie
Phone:0870654031





NEIC Community Arts Programme Report to Central Area Committee June 2022

1: Drama with the Active Retirement Association in Ozanam House

Our Drama Programme for older people concluded in June with a performance and selection of stories and small dramas from the group.

2. Visual Arts with Older Women Ballybough

Artist Bethna Parkes returned to work with women in Ballybough this June and hopefully will return to work with the women again in the autumn

2. Development of NEIC Community Arts Strategic Plan:

The Community Arts Programme continued to deliver its consultation process this June, by holding two consultation sessions this June one with Community Workers in the area and the second with Community Artists.

3. Early Years Partnership Programme

The Early Years Residency in partnership with the Hugh Lane continues with Ozanam House and is being delivered by with Early Years Creative Specialist, Helen Barry.

We are also in the process of developing an Early Years Partnership Programme with the National Concert Hall and Fighting words this autumn that will involve an additional two NEIC Early Years Settings.



4: NEIC Pilot Arts Residencies:

June saw the conclusion of the NEIC Community Arts Pilot Programme of Arts Residencies.



Scoil Chaoimhín onstage at the Gate Theatre

- Artist Susie Maloney concluded the delivery of her Visual residency for 2023-2024 with 5th class boys in St. Laurence O'Tooles CBS.

- Musician and Early Years specialist Helen Blackmore concluded the delivery of her weekly residency with boys in the ASD classes of Laurence O'Tooles CBS
- Drama in Education Specialist and bi-lingual Theatre Maker Gabrielle Breathnach concluded her work in Scoil Chaoimhín delivering a three month residency with the school, during which she worked with a broad range of classes.



- The Early Years Music Programme concluded his residency in Holy Child Rutland St. with Early Years Music Specialist Eamon Sweeney.

To learn more about some of our residencies, see the following links:

Final Overview of the programme St. Laurence O'Tooles CBS 2022/2023 with artist



Susie Maloney:

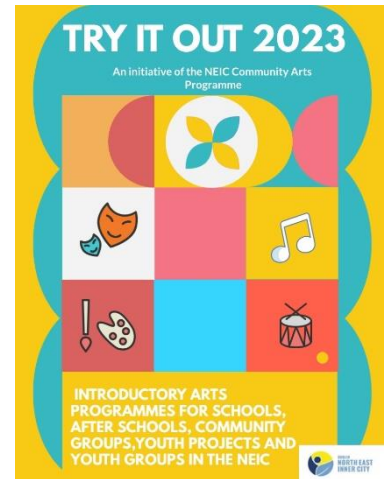
<https://youtu.be/IstvVYIRYk0>

Final Early Years Music Class in Holy Child Pre-School Rutland St. With Early Years Music Specialist Eamon Sweeney.

[Holy Child Preschool Music Sessions June 2023 N...](#)

5: Try it out.

The NEIC Community Arts Programme's Short-Term Programme for Clubs and Schools called *Try It Out* was advertised in March and has been delivered throughout April and May. Groups were offered the opportunity to participate in a range of creative programme with the NEIC Community Arts Programme, The Hugh Lane Gallery and the Gate Theatre. Thirty different community and school groups have availed of the programme this term.



Samples of the Try It Our Programmes that took place: **Girls Laurence O'Tooles Primary School 2nd Class and 6th Class**

The students worked with artist Kim Jenkinson for four weeks. 2nd Class girls chose a new word they had just learned 'Meadow' as their theme for the sessions, which was the inspiration to create lots of beautiful work, the class even had our meadow sounds playing as background throughout.



Music Performances with Nick Roth and Shane Lattimer

As part of our pilot Music Performance Programme in Schools, musicians Nick Roth and Shane Lattimer performed and composed with children in St. Laurence O'Tooles CBS and the Central Model Infant School.



Drama with Facilitator and Children's Theatre Maker Darren York

In April, May and June, Drama Practitioner and Children's Theatre Maker worked across the NEIC with the following groups delivering 4-6 week programmes:

- The Foundations Project – 2 Groups
- Laurence O'Tooles CBS – 5th Class
- Central Model School – 2 Class Groups
- Ballybough After Schools Programme – 2 Groups
- O'Connell's Boys – 2 Groups
- Central Model Infants School – 2 Groups
- St. Vincent's Girls - One Group

6. NEIC Community Arts Development Grant

The Community Arts Grant was advertised this June and received a broad range of applications from schools and groups within the NEIC. Groups will be notified in early July with regards to the outcome of their application.

For further information on any of the above, contact
Irma Grothuis
NEIC Community Art Co-ordinator
Tel: 089 434 3786 E: communityartsneci@gmail.com





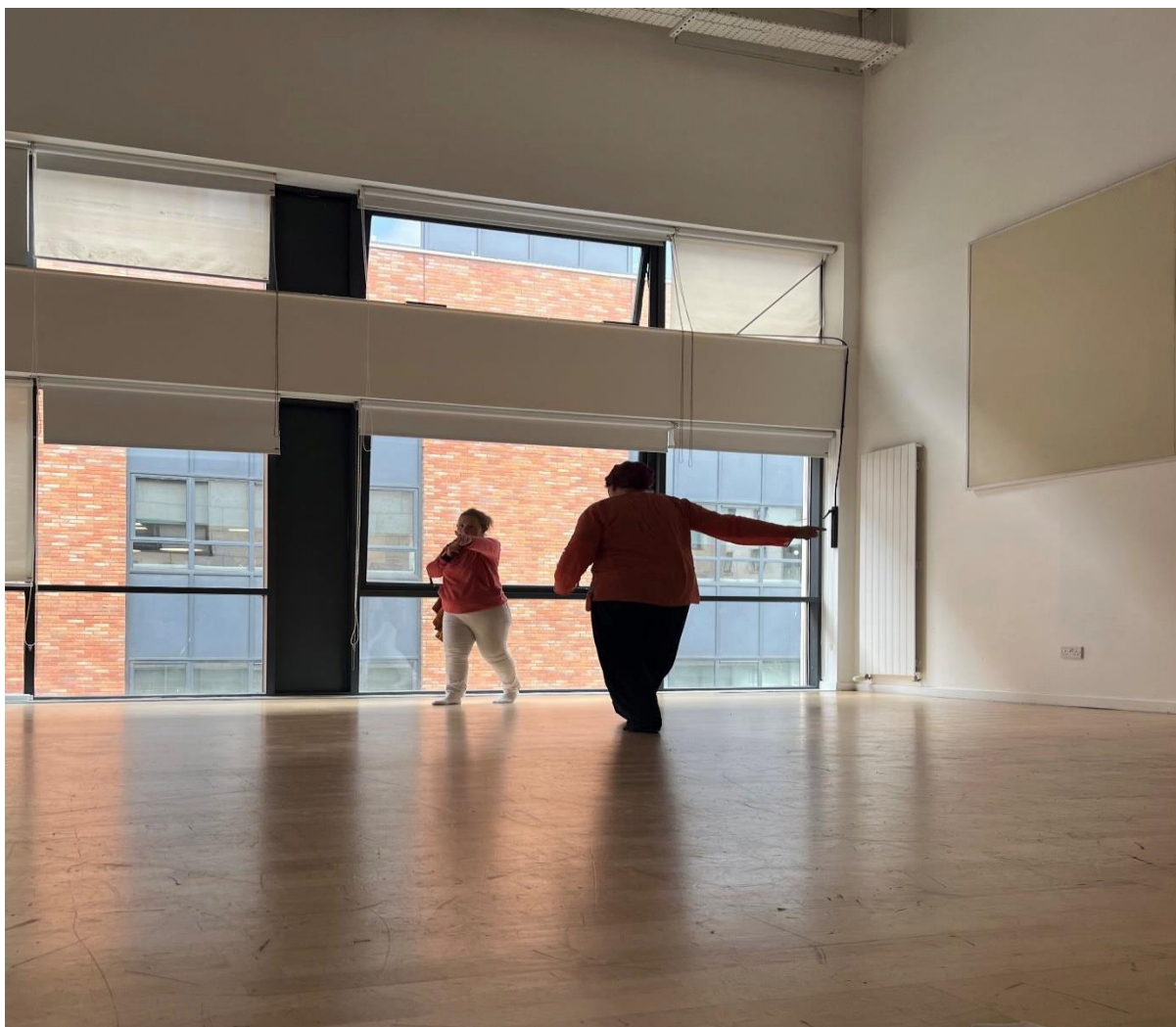
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NEIC Intercultural Development Co-Ordinator Report to Central Area Committee June 2022

Space search support for Shadowbox, a community driven Theatre Company with an ensemble of participants with Intellectual disabilities that is based at the LAB at the moment. Also supporting the Ethiopian Community, Roma cultural mediators, Practical Language Centre, Muslim community, Early Learning Initiative, and Ambassadors. Also engaging with people and organisations that were in touch with Joy about various subjects. Searching and sharing opportunities in Adult Education and Summer Activities for young people, adults and families. Sharing opportunities received from the Department of Children, Equality, and Disability, Integration and Youth and community fund for Street Feast Sunday.



Further information on Intercultural Programme-
Karen Aguiar Intercultural Community Navigator

T: +353 (01) 2225308 | M: +353 (87) 413 9501 | E: karen.aguiar@dublincity.ie



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